

Government of India
Ministry of Environment & Forests
(F.No. 28011/3/2008-IFS.II)

Paryavaran Bhawan, Lodi Road,
CGO Complex, New Delhi-110003.
Dated: 22 April, 2008

CIRCULAR

Subject: All India Services (Performance Appraisal Report) Rules, 2007 – Annual Medical check-up of Indian Forest Officers – regarding

The undersigned is directed to refer to the DoPT O.M No. 11059/09/2006-AIS.III dated 7th April, 2008 on the above mentioned subject and to say that as per the All India Service (PAR) Rules, 2007, annual health check up is mandatory for all the IFS officers above the age of 40 years and may be totally dispensed with for officers below the age of 40, except in case of medical incident. The proforma for medical health check up for the IFS officers is given in Form-IV of the said rules (copy enclosed). A copy of the summary of the health check up in Part-C of Form-IV is to be attached to the **Performance Appraisal Report (PAR)** Form by the administrative Department and copy of the report is to be provided to the members of service.

2. IFS officers on central deputation in the various Ministries/Departments may have their annual health check up conducted either at the Central Government hospitals or at the private hospitals approved for the purpose. The expenditure for conducting health check up will be borne by the administrative Ministries/Departments, where the officers are working on reimbursement basis.

3. In view of the above, all IFS officers working in this Ministry and in other Ministries/Departments are requested to undergo the annual health check up as required under the rules and to submit the report to their concerned administrative Ministry/Department and claim reimbursement, if any.

4. The proforma for medical health check up, All India Service (PAR) Rules, 2007, and the list of hospitals available in Delhi for undergoing medical health check up for IFS officers are also available on the official website of the Ministry www.ifs.nic.in.

Vivek Saxena
(Vivek Saxena)
Director(AGMUT)

To:

1. All IFS officers working in Ministry of Environment & Forests
2. All the Ministries/Departments

*clu
issued.
7-5-08*

LIST OF HOSPITALS

1. Safdarjung Hospital, New Delhi
2. Ram manohar lohia Hospital, New Delhi
3. Lok Nayak Jai Prakash Narain Hospital, New Delhi
4. Sucheta Kriplani Hospital, New Delhi
5. Guru Teg Bahadur Hospital, Delhi
6. Indraprastha Apollo Hospital, Sarita Vihar, Delhi
7. Escorts Heart Institute & Research Centre, Okhla Road, New Delhi
8. Max Devki Heart & Vascular Insitutte, Saket, New Delhi
9. Roackland Hospital, New Delhi
10. Metro Hospital, Lajpat Nagar, New Delhi
11. Action Balaji Hospital, Paschim Vihar, New Delhi
12. M.G.S. Hospital, West Punjabi Bagh, New Delhi
13. Metro Hospital, Preet Vihar, Delhi
14. Metro Hospital, Naraina, New Delhi
15. St. Stephen's Metro Hospital, Tis Hazari, Delhi
16. Kailash Hospital & Research Centre Ltd., Noida
17. Kailash Hospital & Research Centre Ltd., Greater Noida
18. Metro Hospital, Noida
19. Metro Hospital, Faridabad
20. Narinder Mohan Hospital, Mohan Nagar, Ghaziabad.
21. Kalyani Hospital Pvt. Ltd, Mehrauli Road, Gurgaon

Form IV

The All India Services (Performance Appraisal Report) Rules, 2007

PROFORMA FOR HEALTH CHECK UP FOR IFS OFFICERS

Date:

Name _____ Age _____

Sex: M/F

Brief clinical history, if any:

A: Examination

Physical Systemic

Investigations:

Hb%
TLC
DLC
Peripheral Smear

Blood Sugar

5

P.P

Lipid Profile

Total Cholesterol
HDL Cholesterol
LDL Cholesterol
VLDL Cholesterol
Triglyceride

B: Medical Report of the Officer

1.	Haemoglobin level of the officer	Normal/Low
2.	Blood Sugar level	Satisfactory/Normal/High/Low
3.	Cholesterol level of the officer	Normal/High/Low
4.	Liver functioning	Satisfactory/normal/dysfunctioning
5.	Kidney Status	Normal/Both-one kidney not functional optimally
6.	Cardiac Status	Normal/enlarged/blocked/not normal

C: SUMMARY OF MEDICAL REPORT (ONLY COPY OF THIS PART IS TO BE ATTACHED TO PAR)

1.	Overall Health of the officer	
2.	Any other remarks based on the health medical check up of the officer	
3.	Health profile grading	

Date:

Signature of Medical Authority
Designation

Liver Function Test

Total Bilirubin
Direct Bilirubin
Indirect Bilirubin
SGOT
SGPT
ALK Phosphatase

Kidney Function Test

Urea
Creatinine
Uric Acid
Electrolytes

Na+
K
Calcium
Inorganic Phosphates

Cardiac Profile

CPK
CK-MB
LDH
SGOT

Urine

Routine	Microscopic
Sugar	
Albumin	

E.C.G.
X-ray Chest
Ultra Sound Abdomen
Any other Investigation
Advise